



We ask that you arrive 15 minutes prior to your treatment time to allow for consultation and for the awakening of your senses to begin. Please note that 24 hours is required when cancelling an appointment - full charges will be made to cover loss of professional time.

Crowne Plaza Glasgow, Congress Road, Glasgow G3 8QT

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Isis  
prep polish pamper



Pure Pampering Pleasure



At ISIS you will enter a private cocoon of pampering and pleasure, dedicated to your personal needs, wants and whims. Side step life in the fast lane and take time to prep, polish and pamper!

The Crowne Plaza Glasgow is a modern and stylish hotel overlooking the River Clyde, with a direct link to the Scottish Exhibition & Conference Centre (SECC). The Leisure Club includes an indoor pool, equipped gym, sauna, spa and steam room.

It is located directly opposite the Glasgow Science Centre, the BBC and STV Headquarters and within walking distance of the Tall Ship visitor attraction. Easy access to shopping areas such as Silverburn, Buchanan Galleries and Argyle Street make this a great leisure destination. We have designed a series of Spa Days to suit all tastes and budgets, or speak to one of our therapists about creating an exclusive package for you!



## Spa Days

*All of our packages include full use of our leisure facilities, robes and a two course champagne lunch.\**

REVIVE - 30 minute treatment of your choice	£51.50
INDULGE - Full Body Hot Stone Massage	£77
ESCAPE - Three 30 minute treatments of your choice	£92 (Mon - Thurs) £112.50 (Fri - Sun)
GIRLS PAMPERDAY - Gather your friends together for a day of pampering. Two 30 minute treatments	£69
WEDDED BLISS - Quote on request	
Brides are invited to custom-combine their own package	

\*Subject to availability. 50% deposit is payable at time of booking, non-refundable and non-transferable

## Overnight Spa

*Our overnight breaks includes champagne on arrival, full use of leisure facilities, robes and slippers, two course champagne lunch and one nights accommodation with a full scottish breakfast.\**

OVERNIGHT REVIVE - Choose from a manicure, 5 step facial or mini-massage	£87
OVERNIGHT ESCAPE - Three 30 minute treatments of your choice	£138

\*Subject to availability. Full payment is payable at time of booking, non-refundable and non-transferable

- based on 2 people sharing a twin or double room. Please note that car parking is included in all packages.

### **Spa Treatments to choose from:**

Cleanse & Make-up • Complete Eye Treatment • Manicure • Pedicure • Aromatherapy  
Face & Scalp • Aromatherapy Back & Shoulder • Swedish Back & Shoulder  
Mini-Massage • Indian Head Massage • Reflexology • 5 Step Facial

# Prep

*Complexion perfection, with attention to detail every step of the way...*

Using ID Bare Escentuals, 100% mineral make-up, so pure you can sleep in it.

Cleanse & Make-up	£31
Bridal Make-up (home visits available)	£51.50
Make-up Lesson	£36

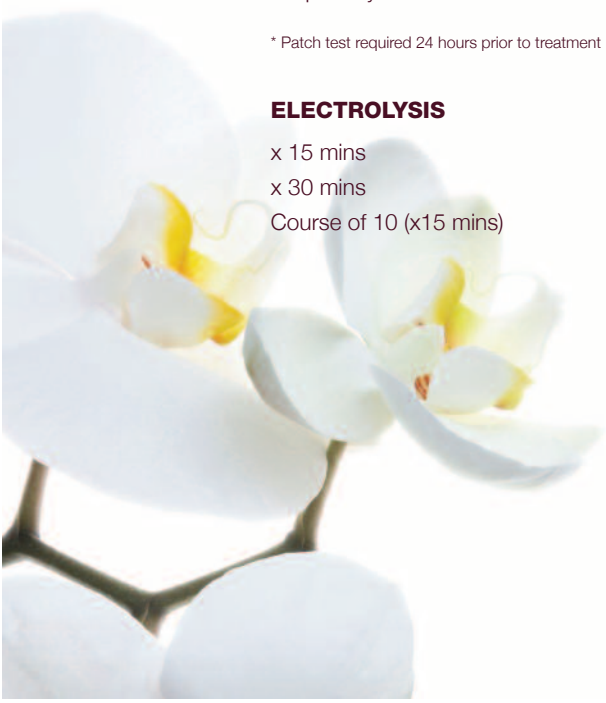
## **EYE CARE**

Eyebrow Shape	£9.50
* Eyelash Tint	£12.50
* Eyebrow Tint	£6.50
* Complete Eye Treatment (all of the above)	£23.50
* Eyelash Perming	£36
Eyelash Extensions	£12.50
Extreme Lashes - Full Set (includes first re-lash)	£102.50
Relash top ups	£26-£41
Darphin Eye Treatment	£33

\* Patch test required 24 hours prior to treatment

## **ELECTROLYSIS**

x 15 mins	£17.50
x 30 mins	£24
Course of 10 (x15 mins)	£143



# Polish



Pure Pampering Pleasure

*A blissfully bare necessity for your hands and feet...*

## **SPECIAL PRIORITIES**

File & Polish (20 mins)	£16.50
Manicure (30 mins)	£23.50
Deluxe Hand Retreat (50 mins)	£31
Pedicure - bring along your open toed shoes (40 mins)	£23.50
Deluxe Feet Retreat (60 mins)	£31
Calgel - Semi-permanent manicure, long lasting with no chipping	From £36

*For top to toe silky smooth skin for your loveliest limbs...*

## **WAXING**

Half Leg	£15.50
Full Leg	£22.50
Underarm	£9.50
Bikini	£10.50
Full Leg, Underarm & Bikini	£34
Brazilian	£26
Hollywood	£31
Lip	£5.50
Chin	£5.50
Eyebrow	£9.50
Back/Chest	£20.50





# Precious Pampering

*Dive into a world of exquisitely opulent textures, uplifting fragrances and formulas combining advanced technology with highly concentrated blends of the finest aromatic plants and essential oils...*

## **CUSTOMIZED FACIALS**

Kiwi & Pomegranate Hydrator - ideal for "thirsty" skin visibly lacking moisture and exhibiting lines (60 mins)	£46
Chamomile & Honey Soothing Facial - ideal for irritated, stressed skin with low tolerance and high sensitivity (60 mins)	£46
Mimosa & Iris Radiance Booster - ideal for every skin type seeking immediate radiance and glow (60 mins)	£46
Lemon & Lavender Purifier - ideal for anyone seeking a refreshed, bright, clear and flawless complexion (60 mins)	£46
Vitamin & Tangerine Vitalizer - ideal for re-charging and revitalizing skin's radiance and anti-aging defenses (60 mins)	£51.50
Rosewood & Shea Butter Age Defence - ideal for skin showing signs of aging: loss of radiance and resiliency (60 mins)	£51.50
Ylang Ylang & Sweet Orange Age Recovery - ideal for wrinkle relief: first expression lines to deep creases (90 mins)	£61.50
Rose & Linen Age Reversal - ideal for telltale signs of aging (wrinkles, loss of elasticity and firmness) (90 mins)	£61.50

## **BODY TREATMENTS**

Orange Energizing Exfoliating Polish - ideal for tired bodies with dull, rough skin in need of a revitalizing boost (60 mins)	£48
Lavender Relaxing Exfoliating Polish - ideal for stressed bodies with dull, rough skin in need of relaxation (60 mins)	£48
Black Pepper Slim & Detox - ideal for bodies seeking slimmer contours (90 mins)	£65.50
Palmarosa & Jojoba Firming Lift - ideal for bodies in need of firming and lifting to encourage muscle tone (90 mins)	£71.50
Shea Butter & Wheat Moisture Drench - ideal for bodies with dry, dehydrated, uncomfortable skin (60 mins)	£56.50
Sandalwood & Sunflower - ideal for tired bodies with dull, de-vitalized skin in need of an energy surge (90 mins)	£65.50
Bergamot & Lemongrass Stress Release - ideal for over-stressed bodies seeking time out and tranquility (90 mins)	£65.50

## **SPECIAL TREATMENTS**

Pineapple & Calcium Prenatal Facial - ideal for pregnant women dealing with unfamiliar changes to complexion (60 mins)	£51.50
Sesame & Rose Post Natal Radiance Booster - ideal for tired mothers whose skin lacks vitality and glow (60 mins)	£51.50
Vitamin & Jojoba Prenatal Body Firmer - ideal for pregnant women with discomfort and stretching skin (60 mins)	£56.50
Apricot & Vetiver Post Natal Body Firmer - ideal for mothers whose skin has loss of shape and elasticity (60 mins)	£56.50
Meadowsweet & Cucumber Eye Refiner - ideal for tired eyes, dark circles, puffiness, fine lines and creases (30 mins)	£33

# Pamper

*Luxurious, sensual, high-efficiency experiences...*



## **PRECIOUS PAMPERING**

3D Hydro Full Body Massage (60 mins)	£51.50
Aromatherapy Face & Scalp Massage (30 mins)	£31
Aromatherapy Back & Shoulder Massage (30 mins)	£31
Swedish Full Body Massage (60 mins)	£41
Swedish Back & Shoulder Massage (30 mins)	£31
Mini-Massage (30 mins)	£28.50
Indian Head Massage (45 mins)	£31
Hot Stone Full Body Massage (75 mins)	£51.50
Hot Stone Back & Shoulder Massage (30 mins)	£36
Reflexology (60 mins)	£36
Vitamin Infusion Mini Facial (45 mins)	£31

## **BODY RADIANCE**

Fake Bake - cream application (60 mins)	£41
Fake Bake Spray Tan	£26

